Understanding Background Noise Reactions Caused By Samples to Prevent Further Misuse of the Antibody ELISA System

**Key Points**

1. Published antibody assay data typically does not subtract intense false positive reactions caused by samples (background noise reaction).
2. This background (BG) noise reaction caused by the hydrophobic binding of immunoglobulin components in sample specimens to plastic surfaces is intense and can exceed the real antibody-antigen reaction.
3. No current blocking agents are capable of preventing this BG noise reaction, although they reduce the blank (BL) values caused by detection antibodies.

ELISAs are widely used to assay antibodies without serious consideration for numerous false positive reactions attributed to the high binding affinity of proteins to plastic surfaces. Among the various non-specific reactions, BL values caused by detection antibodies are considered by all ELISA users, but the most intense BG noise reaction caused by the sample itself is often ignored. BG noise reactions are unique to individual samples and vary significantly depending on samples. Without considering this concept, the BG noise reaction is included in the data and misinterpreted, leading to numerous uncertain conclusions (1). It is imperative to recognize the various types of false reactions involved in ELISAs and to reinvestigate ELISA data to dispel the accumulated misinformed conclusions for future studies on antibodies in biological and medical fields.

**Illustration of BG Noise Reaction Effects on Antibody Assay Data in ELISA**

At low serum dilution, the BG noise reaction caused by the sample itself in antigen-coated wells (Ag) is intense, and can exceed the antibody-antigen reaction. The BG noise reaction unique to individual samples can be easily determined in antigen uncoated (None) wells, but this step is often ignored.

NOTE: Attempts to reduce the BG noise reaction by reducing assay sensitivity do not reduce the BG noise reaction rate.
A newly developed buffer system, ChonBlock™, effectively prevents non-specific reactions involved in antibody ELISAs without affecting the antibody-antigen reaction. ChonBlock™ is useful for assaying antibodies against potential pathogenic environmental agents in human and animal sera, for determining the efficacy of various vaccines, and for studying immune function in patients with autoimmune diseases (1).

**Assaying Anti-Cyclic Citrullinated Peptide (CCP) Antibodies**

Serum samples from 13 normal controls and 13 patients with RA were diluted at 1/500 with a) RIA-10% NGS and b) ChonBlock™ buffer, and added to Glycine (Gly), control peptide (Cont) and CCP-coupled wells (CCP). The OD values in CCP-wells were corrected by subtracting the BG noise OD values obtained in Gly-wells to obtain true OD values reflecting anti-CCP antibodies (CCP-Gly).

NOTE: In RIA-10% NGS buffer system, anti-CCP antibodies were not determined due to the high BG noise reaction.

**Prevent False Positive BG Noise Reaction With ChonBlock™**

Serum from a patient with RA was serially diluted from 1/10 to 1/640 with individual buffers, and added to antigen non-coated plain wells. IgG bound to the plastic surfaces was determined with HRP-conjugated anti-human IgG antibodies.

NOTE: ChonBlock™ effectively blocks BG noise reaction, whereas all current buffer systems failed to prevent it.

**References**